

Worksheet

Medicine list & question card



One current list for your team and your pharmacy.

Follow your care-team instructions.

My plan

Allergies or reactions to discuss

My pharmacy and phone number

Who to contact before a refill runs out

Questions about side effects, instructions, or cost

Bring this to your next visit

Worksheet

My medicine list

One current list for your team and your pharmacy.



Include prescriptions, nonprescription medicines, vitamins, and supplements.

Medicine	Strength	What it is for	How much / when / how

Notes

Questions to ask

- ☐ What is this medicine for, and how do I take it?
- ☐ What if I miss a dose?